
PERSONAL TRAINING POLICY

Cancellation / Rescheduling:

We ask that you give us a minimum 24 hours of notice for cancellations and reschedules.

Personal Training clients should contact their trainer directly for changes.

Cancellations made less than 24 hours before an appointment are considered late cancels or no-shows and will result in an automatic charge of \$35.00 billed to the payment method on file before rescheduling is allowed.

Purchases:

Personal Training services expire one (1) year from the date of purchase.

Personal Training services are available exclusively to individuals with an active Wellness Center membership and cannot be utilized during membership lapses.

Recipients of Personal Training services must have an account with a saved payment method in the Wellness Center's membership management software.

Personal Training services must be paid for in full on the recipient's account at the time of scheduling, barring the presence of an applicable multi-pack with unscheduled sessions remaining.

Multi-pack purchases of Personal Training services are sold at a discounted rate to a single recipient for their exclusive use. Sharing is not allowed; services are not transferable between accounts.

Personal Training rates across services (30/60-minute private sessions, 45-minute partner sessions, 60-minute small group sessions) may only be applied to the same service; service fees are not transferrable across services.