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# **Division of Rheumatology**

Dear Patient,

Welcome to the Emory Clinic Rheumatology practice. We look forward to partnering with you regarding your medical care. You have an appointment scheduled as a new patient in the Division of Rheumatology. **Please note: We have three locations. Please confirm your appointment location.** Please arrive 30 minutes prior to your appointment time to obtain parking and to begin your check-in process. We have provided the information below to make this initial visit as productive as possible. Your appointment time has been set aside especially for you, and we ask you allow plenty of time to arrive as traffic can be heavy and a delay can result in less time with the doctor.

#### What to Bring:

- The new patient questionnaire included in this packet, completed ahead of time to the best of your ability.
- All of your current medications including prescription and over the counter drugs as well as herbal supplements.
- Any records from your referring physician and any other Rheumatologist(s) you have seen, including lab tests and x-rays. (We prefer your records be mailed or faxed before your appointment. Please ensure they arrive **prior** to your appointment date.)
- A sweater or light jacket as the exam room can get chilly.
- Your current insurance card.

#### **What to Expect:**

- Please allow transit and parking time. It may take 30 minutes from the road and the parking deck to arrive at your doctor's office. It is helpful to arrive 15 minutes before your appointment time to check in.
- You may take all your medications the day of the visit and eat/drink as you normally would.
- You may be seen first by a resident or fellow who is working with your physician.
- Your medical history will be obtained and records reviewed.
- You may be asked to put on a gown for a physical examination.
- You may need further lab tests or studies such as xc rays. These can be performed at the Emory Clinic.
- At the end of your visit your diagnosis and treatment plan will be discussed with you and (if you wish) your family member.
- You will be notified by mail of the result of any tests or imaging studies done in conjunction with the visit within two (2) weeks of your visit.
- New Patient lab results may not be available for 10c 14 days after your visit.

Should you be unable to keep this appointment, or need to reschedule, please notify us as soon as possible by calling the number of your practice location listed at the top of this letter. Please notify us 24 hours prior to your visit, as this allows other patients waiting to get an appointment the opportunity to be seen. We look forward to your visit.

Sincerely,

The Division of Rheumatology

# General Medication Refills

The Rheumatology Clinic at the Emory Clinic requires at least five business days notice for general medications to be refilled. Many of the medications given to you must be closely monitored for effectiveness and side effects. Depending on your condition, if you have not been seen by your doctor within a specified time period, medications may be declined, or only be prescribed for 30 days to allow you time to schedule an appointment with your doctor. Please try not to run out of medication prior to requesting a refill. Ensuring that your medication refills are up--to--date at every clinic visit is the safest, most efficient way to ensure you do not run out of essential medications.

Medication may not be refilled after office hours or on the weekends. Prescriptions for medications that we have not previously prescribed for you will not be filled.

# Paperwork Request Policy

The Rheumatology Clinic at the Emory Clinic requires at least five business days notice for general medications to Please allow 7-10 business days for completion of any paperwork. In certain situations, an additional office visit may be required for certain types of paperwork to be completed.

# Hospital Based Billing

Emory Healthcare is proud to have the privilege of providing your care. We want to ensure our patients know the Rheumatology clinic on the Clifton and Midtown campus is now a hospital outpatient department of Emory University Hospital Midtown (EUHM). In this structure, the hospital owns and operates an outpatient clinic and employs the support personnel involved in patient care.

This model will allow Rheumatology to expand access to care, support clinical pharmacists who can help manage medications, and increase healthcare initiatives within and outside our community.

#### How does this affect billing?

Under this structure, our patients may receive two charges on their billing statement as well as on their Explanation of Benefits

(EOB). One charge represents the facility fee charge and the second charge reflects the professional fee.

- The facility fee represents the costs of operating a building/facility for health care delivery and covers the cost of equipment, utilities, maintenance, supplies and medications administered during a clinic visit. The fee also pays for care by non-physician staff such as nurses, clinical pharmacists, and medical assistants.
- The professional fee represents charges for the professional services provided by the physicians in the clinic.

Depending on your insurance policy, you may see the facility fee charge applied to your hospital deductible and/or co-insurance. If you have an annual out-of-pocket maximum, these charges will apply only until you have met that amount.

#### Who to contact with questions

We recommend reviewing your insurance benefits or contacting your insurance provider to determine what your policy what your policy will pay what out-of-pocket expenses you may incur.

If you have further billing questions, please contact our financial counselor at 404-778-4650.

We value you as a patient and are honored to be your health care provider of choice.





# Narcotics Policy

Our doctors are committed to evaluating and treating pain at every visit. There are a multitude of options for treating pain including oral medications, physical therapy, exercise, relaxation techniques, use of heat and or cold, and acupuncture that we may prescribe or refer patients for. In most cases, treatment of the underlying medical condition will result in alleviation of pain. We offer conservative, narcotic-free treatment of chronic pain that is associated with rheumatologic conditions. Our clinic is not set up for the management of chronic pain with narcotics or opioids. In accordance with recommendations by the Federation of State Medical Boards, we will direct those patients in need of the use of controlled substances to pain specialists and experts for further evaluation, treatment, and monitoring.

On some occasions, the use of narcotic medications may be an essential tool in the care of a patient. In accordance with the oversight of the *Georgia Medical Board* which governs safe and effective medical practices, our practice's policies are as follows:

- 1. On a first new patient visit, no narcotics or other controlled substances will be prescribed in the absence of a clear, acute injury.
- 2. In the interest of safety, patients requiring chronic pain medications must agree to obtain medications from only one physician and one pharmacy.
- 3. Prescriptions will not be filled outside of normal business hours, and will be subject to our customary medication refill policies.
- 4. New prescriptions will not be written for lost or stolen prescriptions.
- 5. If all of the prescribed medication is taken prior to the refill date, then the refill request will be denied.
- 6. Chronic pain or pain beyond that which is normally expected for a specific condition that continues to require narcotic medication will be referred to a pain management clinic.



#### **Work in Progress**

On October 1, 2022, Emory Healthcare combined our multiple patient portals - Emory's Blue, Gold, Healthcare, Eye Center and Emory Decatur portals - into a single system. We can't wait to improve your experience as a patient.

#### Why are we making this change? Moving to Epic will:

- Allow you to access all of your Emory Healthcare medial records with a single sign-on
- Connect all of our hospitals and clinics to one software system
- Make it easier for you to manage your care online through the new MyChart patient portal

#### What do you need to do?

If you are currently signed up for any Emory Healthcare patient portal, you'll need to sign up for the new MyChart portal beginning **September 19**, **2022**. MyChart will replace all current Emory patient portals.

### MyChart is easy to use! beginning October 1, you'll be able to:

- View medications and request refills
- View test results
- Schedule certain appointments
- Check in for your appointments
- Send messages to your provider
- Join telehealth appointments
- View and pay co-pays, pre-payments and balances
- Obtain cost estimates

How do I sign up for MyChart? Sign up for the new MyChart patient portal at emoryhealthcare.org/epic.

#### There may be some slight delays, but safe and effective patient care is on top priority:

We know that during the first weeks of transition, there may be some slight delays. Your care team will need time to adjust to the new system. If there are any delays, your care team will communicate them to you as soon as possible.

During this transition, we will continue to deliver patient care with the same standards we do today. Patient safety and well-being remain our number one priority. Your care team will continue to have full access to your health information during this change.

Thank you for your patience and for entrusting us with your care!

Help Desk 404-727-8820

# **Patient History Form**

Date of Ilist	appointment: / / MONTH DAY	/ Time o	of appointment: _		Birthplace:	
Name:					Birthda	ate: /
		FIRST				
Address:s	STREET			APT	Age:	Sex: □ F □ M
						ne ()
	CITY		STATE	ZIP	Wo	rk ()
MARITAL S	STATUS:   Never	Married	■ Married	□ Divorced	Separated	□ Widowed
Spouse/Sigr	nificant Other:   Alive/A	Age	☐ Deceased/Age	e M	ajor Illnesses	
EDUCATIO	N (circle highest level attende	ded):				
Grade	School 7 8 9 10	11 12	College 1	2 3 4	Graduate School	
Occup	oation			Nun	nber of hours worked/a	average per week
Referred he	ere by: (check one)	Self	☐ Family	☐ Friend	□ Doctor	☐ Other Health Professional
Name of pe	rson making referral:					
	of the physician providing yo					
	e an orthopedic surgeon?					
	iefly your present symptoms					·
Date sympto Diagnosis:_ Previous tre surgery and	oms began (approximate):_ eatment for this problem (including to be a linjections; medications to be a linjections of other practitions.	clude physical to be listed later) ners you have s	Example herapy,		e to self report questionnaires in o	Current Comment – Listening to the patient – A dinical care. Arthritis Rheum. 1999;42 (9):1797-
	OLOGIC (ARTHRITIS) ḤIS				permission.	
Yourself	have you or a blood relative	Relative		Yourself		Relative
		Name/Relati	ionship			Name/Relationship
	Arthritis (unknown type)		<del>.</del>		Lupus or "SLE"	
	Osteoarthritis				Rheumatoid Arthritis	3
	Gout				Ankylosing Spondyli	tis
1						
	Childhood arthritis			. <u> </u>	Osteoporosis	

\_ Date \_

Physician Initials \_\_\_

Physician Initials \_\_\_\_\_\_\_ Physician Initials \_\_\_\_\_\_ Patient History Form © 1999 American College of Rheumatology

Patient's Name \_

## **SYSTEMS REVIEW**

Date of last Tuberculesia Test	/ Data of last home density water	,
Date of last Tuberculosis Test/	Date of last bone densitometry /	
Constitutional	Gastrointestinal	Integumentary (skin and/or breast)
☐ Recent weight gain	☐ Nausea	☐ Easy bruising
amount	Vomiting of blood or coffee ground	☐ Redness
☐ Recent weight loss	material	□ Rash
amount	☐ Stomach pain relieved by food or milk	☐ Hives
☐ Fatigue	☐ Jaundice	Sun sensitive (sun allergy)
□ Weakness	Increasing constipation	☐ Tightness
□ Fever	☐ Persistent diarrhea	☐ Nodules/bumps
Eyes	☐ Blood in stools	☐ Hair loss
☐ Pain	☐ Black stools	Color changes of hands or feet in the
☐ Redness	☐ Heartburn	cold
☐ Loss of vision	Genitourinary	Neurological System
☐ Double or blurred vision	Difficult urination	☐ Headaches
☐ Dryness	Pain or burning on urination	□ Dizziness
☐ Feels like something in eye	☐ Blood in urine	☐ Fainting
☐ Itching eyes	Cloudy, "smoky" urine	☐ Muscle spasm
Ears-Nose-Mouth-Throat	☐ Pus in urine	☐ Loss of consciousness
☐ Ringing in ears	Discharge from penis/vagina	Sensitivity or pain of hands and/or fee
☐ Loss of hearing	Getting up at night to pass urine	☐ Memory loss
☐ Nosebleeds	Vaginal dryness	□ Night sweats
☐ Loss of smell	☐ Rash/ulcers	Psychiatric
☐ Dryness in nose	Sexual difficulties	☐ Excessive worries
☐ Runny nose	☐ Prostate trouble	☐ Anxiety
☐ Sore tongue	For Women Only:	☐ Easily losing temper
☐ Bleeding gums	Age when periods began:	☐ Depression
☐ Sores in mouth	Periods regular? ☐ Yes ☐ No	☐ Agitation
☐ Loss of taste	How many days apart?	□ Difficulty falling asleep
☐ Dryness of mouth	Date of last period?/_/_/	□ Difficulty staying asleep
☐ Frequent sore throats	Date of last pap?/_/	Endocrine
□ Hoarseness	Bleeding after menopause? ☐ Yes ☐ No	☐ Excessive thirst
☐ Difficulty in swallowing	Number of pregnancies?	Hematologic/Lymphatic
Cardiovascular	Number of miscarriages?	☐ Swollen glands
☐ Pain in chest	Musculoskeletal	☐ Tender glands
☐ Irregular heart beat	Morning stiffness	☐ Anemia
☐ Sudden changes in heart beat	Lasting how long?	□ Bleeding tendency
☐ High blood pressure	Minutes Hours	☐ Transfusion/when
☐ Heart murmurs	☐ Joint pain	Allergic/Immunologic
Respiratory	☐ Muscle weakness	☐ Frequent sneezing
☐ Shortness of breath	Muscle tenderness	Increased susceptibility to infection
☐ Difficulty in breathing at night	☐ Joint swelling	
☐ Swollen legs or feet	List joints affected in the last 6 mos.	,
□ Cough		
☐ Coughing of blood		
☐ Wheezing (asthma)		

SOCIAL HISTORY		PAST MEDICAL HISTORY					
Do you drink caffeinated be	everages?		Do you now or have yo	"yes")			
Cups/glasses per day?			☐ Cancer	☐ Heart problems	☐ Asthma		
Do you smoke? ☐ Yes ☐ N	No □ Past – How long ago?	_	☐ Goiter	☐ Leukemia	☐ Stroke		
Do you drink alcohol? ☐ Ye	es 🛘 No Number per week	_	☐ Cataracts	☐ Diabetes	☐ Epilepsy		
Has anyone ever told you t	o cut down on your drinking?		☐ Nervous breakdown	☐ Stomach ulcers	☐ Rheumatic fever		
☐ Yes ☐ No			☐ Bad headaches	☐ Jaundice	☐ Colitis		
	ons that are not medical? ☐ Yes ☐ No		☐ Kidney disease	☐ Pneumonia	☐ Psoriasis		
If yes, please list:		-	☐ Anemia	☐ HIV/AIDS	☐ High Blood Pressure		
		-	□ Emphysema	☐ Glaucoma	☐ Tuberculosis		
Do you exercise regularly?			Other significant illness	s (please list)			
			National on Altanoption T				
			Natural or Alternative T over-the-counter prepa		c, magnets, massage,		
	lo you get at night?	-		· 			
Do you get enough sleep a	-		<del></del>				
Do you wake up feeling res	sted?						
<b>Previous Operations</b>		1	1				
Туре		Year	Reason		_		
1.							
2.		ļ					
3.							
4.					:		
5.	<u> </u>						
6.							
7.							
Any previous fractures? □	No ☐ Yes Describe:						
Any other serious injuries?	□ No □ Yes Describe:		•				
FAMILY HISTORY:							
TAMILITISTORI.	IF LIVING	1		IF DECEASED			
Age	Health		Age at Death	Cau	50		
Father	Health		Age at Death	Cau	56		
Mother							
,	Number living Nun	nber dec	ceased				
<del>-</del>	Number living Num		`	t ages of each	•		
				<u> </u>			
Do you know of any blood	relative who has or had: (check and give	e relation	nship)				
□ Cancer □ Heart disease			☐ Rheumatic fever	🗖 Tuber	Tuberculosis		
☐ Leukemia	High blood pressure		☐ Epilepsy	Diabe	etes		
□ Stroke	Bleeding tendency		□ Asthma		r		
☐ Colitis	☐ Alcoholism		☐ Psoriasis				
Patient's Name	Date			cian Initials Form © 1999 Americar	n College of Rheumatology		

	<b>M</b> I	EDICATIO	NS				•
Drug allergies: ☐ No ☐ Yes To what? _	<u>.</u>	<u> </u>					
Type of reaction:							
Type of reaction.			_				
PRESENT MEDICATIONS (List any medications you a	are taking Includ	de such item	ıs as asniri	in vitamins la	axatives calcium a	nd other suppli	ements etc.)
Name of Drug	Dose (ir			long have		e check: He	
Name of Drug	strength &	number of	you	taken this	A Lot	Some	Not At Ail
	pills pe	r day)	me	dication			<del></del>
1.	-			<del> </del>			<u> </u>
2.			-				
3.							
4							
5.					0		
7.	-		+				
8.							
9.							
10.			+				
PAST MEDICATIONS Please review this list of "artitaken, how long you were taking the medication, the	hritis" medicati	ions. As ac	curately a	as possible,	try to remember	which medic	ations you have
comments in the spaces provided.	e resurts of ta	iking the m		and list any	you n	nay nave nac	
Drug names/Dosage	Length of time		check: I	•		Reactions	
Non Changidal Anti Information Down (NGAID-)		A Lot	Some	1			<del></del> -
Non-Steroidal Anti-Inflammatory Drugs (NSAIDs)	1						
Circle any you have taken in the past Ansaid (flurbiprofen) Arthrotec (diclofenac +	minonunatil\	Annisia (inal		ad aanisin\	Calabray (aslasa	vila) Olimani	l /!:d\
		Aspirin (incl	Juliy Coali	eu aspinin)	Celebrex (celeco	XID) CIIIIOII	l (sulindac)
Daypro (oxaprozin) Disalcid (salsalate)	Dolobid (diflunis	al) Felde	ne (piroxica	am) Indoo	cin (indomethacin)	Lodine (et	odolac)
Meclomen (meclofenamate) Motrin/Rufen (iba	uprofen) Na	alfon (fenopr	ofen) 1	Naprosyn (na	proxen) Oruvail	(ketoprofen)	
Tolectin (tolmetin) Trilisate (choline magnes	ium trisalicylate)	Vioxx (ı	ofecoxib)	Voltaren	(diclofenac)		
Pain Relievers							
Acetaminophen (Tylenol)							
Codeine (Vicodin, Tylenol 3)							
Propoxyphene (Darvon/Darvocet)							
Other:							
Other:							
Disease Modifying Antirheumatic Drugs (DMARDS)							•
Auranofin, gold pills (Ridaura)							
Gold shots (Myochrysine or Solganol)							
Hydroxychloroquine (Plaquenil)					-		
Penicillamine (Cuprimine or Depen)							
Methotrexate (Rheumatrex)							
Azathioprine (Imuran)							
Sulfasalazine (Azulfidine)				Q			
Quinacrine (Atabrine)							-
Cyclophosphamide (Cytoxan)							
Cyclosporine A (Sandimmune or Neoral)							
Etanercept (Enbrel)							
Infliximab (Remicade)							
Prosorba Column							
Other:				ū			
Other:							

Patient's Name \_\_\_\_\_\_ Physician Initials \_\_\_\_\_ Physician Initials \_\_\_\_\_ Physician College of Rheumatology

## **PAST MEDICATIONS Continued**

Osteoporosis Medications			
Estrogen (Premarin, etc.)	0		
Alendronate (Fosamax)			
Etidronate (Didronel)			
Raloxifene (Evista)			
Fluoride			
Calcitonin injection or nasal (Miacalcin, Calcimar)			
Risedronate (Actonel)			
Other:			
Other:			
Gout Medications			
Probenecid (Benemid)		а	ū
Colchicine			
Allopurinol (Zyloprim/Lopurin)			
Other:			
Other:			
Others			
Tamoxifen (Nolvadex)			
Tiludronate (Skelid)			u
Cortisone/Prednisone			
Hyalgan/Synvisc injections			
Herbal or Nutritional Supplements			
Please list supplements:			
	-	-	
House your postision to discount of the last of the second of the last of the	tions? [] V [] N		
Have you participated in any clinical trials for new medica	tions? 🗆 Yes 🗀 No	)	
If yes, list:			
			-

Patient's Name \_\_\_\_\_ Date \_\_\_\_\_Physician Initials \_\_\_\_\_
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## **ACTIVITIES OF DAILY LIVING**

Do you have stairs to clin	nb? □ Yes □ No	If yes, how many?			
How many people in hou	sehold?	Relationship and age of each			
Who does most of the ho	usework?	Who does most of the shopping?	Who does most of the	ne yard work? _	<del></del>
On the scale below, circle	e a number which be	est describes your situation; Most of the time	e, I function		
1	2	3	4	5	
VERY POORLY	POORLY	OK	WELL	VER\ WELL	
TOOKLT				VV CLI	<u>L</u>
Because of health proble (Please check the approp					
			Usually	Sometimes	No
Using your hands to gras	p small objects? (bu	ttons, toothbrush, pencil, etc.)			
Walking?					
Climbing stairs?					
Descending stairs?					
Sitting down?					· 🗖
Getting up from chair?		······································			
Touching your feet while	seated?				
Reaching behind your ba	ıck?				
Reaching behind your he	ead?				
Dressing yourself?					
Going to sleep?					
Staying asleep due to pa	in?				
Obtaining restful sleep? .	•••••				
Bathing?					
Eating?				Q	
Working?					
Getting along with family	members?				
In your sexual relationshi	ip?				. 🗖
Engaging in leisure time	activities?				
With morning stiffness?					
Do you use a cane, cruto	hes, as walker or a v	wheelchair? (circle one)			
What is the hardest thing	for you to do?				
Are you receiving disabili	ity?		Yes □	No □	
Are you applying for disa	bility?		Yes □	No □	
Do you have a medically	related lawsuit pend	ling?	Yes □	No □	•

Patient's Name \_\_\_\_\_ Date \_\_\_\_ Physician Initials \_\_\_\_\_
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