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## September is Suicide Prevention Month

This September, and every day of the year, we at Emory Healthcare Veterans Program remain steadfast in our commitment to end veteran suicide. We are united in healing those who serve, and our mission is to transform lives by healing invisible wounds.

No one has to be alone in their struggle with invisible wounds. There is hope. There is help. Treatment works and we're here when you're ready.



[Watch Matt's Story](#)

## Georgia Senator, Jon Ossoff, Visits Our Program

"Emory is providing the best for those who deserve the best," said Senator Ossoff about the Emory Healthcare Veterans Program during his recent visit. Senator Ossoff toured the clinic and spoke with leadership and an Intensive Outpatient Program graduate and his family. He also announced the [Military Families Mental Health Services Act](#), a bipartisan bill that will expand free mental health care and resources for warriors and their families.



[Read Now](#)

## By The Numbers

### Intensive Outpatient Program (as of September 2022)

**60** cohorts completed the program via telemedicine since 2020

**116** cohorts completed the hybrid in-person program since 2020

**1,038** Intensive Outpatient Program participants since 2016



[Watch The Video](#)

### Treatment Works, and We're Here to Help

Have you (or your loved one) ever considered reaching out for mental health care, but weren't sure where to begin or what treatment looks like? Watch our new video about the treatment and care provided in our Intensive Outpatient Program.



Watch the Stream

## We Streamed to Serve

In honor of Suicide Prevention Month, we joined Wounded Warrior Project™'s Stream to Serve™ team to discuss how we use virtual reality to heal invisible wounds such as PTSD. Our team members Dr. Andrew Sherrill and Jeff Canterbury demonstrated a virtual reality exposure therapy session and answered questions from the Twitch audience.

## VA S.A.V.E. Training Supporting Our Veterans

### What is VA S.A.V.E. Training?

VA S.A.V.E. Training will help you act with care and compassion if you encounter a Veteran who is in crisis or experiencing suicidal thoughts. The acronym S.A.V.E. helps you remember the important steps involved in suicide prevention.

- S** Signs of suicidal thinking should be recognized
- A** Ask the most important question of all — "Are you thinking of killing yourself?"
- V** Validate the Veteran's experience
- E** Encourage treatment and Expedite getting help

You can prevent Veteran suicide.  
Start by learning the VA S.A.V.E. acronym.

Learn More

## Preventing Suicide is Everyone's Business

This September, our entire team, both clinical and non-clinical, will participate in a Veterans Affairs-led training on preventing suicide in the veteran population. The VA S.A.V.E Training program provides instruction to support veterans who are in crisis or experiencing suicidal thoughts, through care and compassion. Suicide is a complex problem, and we are committed to being there for our warriors and reminding them that they are not alone in their struggle with invisible wounds and challenging life events. Suicide is preventable, and we all have a role to play. [Visit the VA's suicide prevention hub](#) for more information on how you can help prevent veteran suicide.



Transform Your Life

## Transform Your Life with Free, Confidential Care

The Emory Healthcare Veterans Program treats conditions such as post-traumatic stress disorder (PTSD), traumatic brain injury (TBI), military sexual trauma (MST), anxiety, and depression related to military service. **Treatment is free and confidential for eligible post-9/11 veterans and service members living anywhere in the United States, regardless of discharge status, deployment history, or length of service.** The two-week Intensive Outpatient Program is offered in-person at our clinic in Atlanta or via telehealth in eligible states.

When you're ready to transform your life, we're here to help. Call 888-514-5345 to speak with a veteran care coordinator today [or fill out this private form](#), and we will contact you.



Donate Now

## Help Us Heal Invisible Wounds

Because of our donors' generous gifts, we have made incredible progress in serving veterans and service members.

Please help us continue to provide innovative, state-of-the-art care by donating to our program. Your gift will help transform, and possibly save, the lives of our nation's heroes.



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Veterans Program

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