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## June is PTSD Awareness Month

Post-traumatic Stress Disorder, or PTSD, is often talked about, but commonly misunderstood. PTSD is a response to traumatic events that some people have because humans are hardwired to remember life-threatening memories for our long-term survival. Watch our [animated video](#) about PTSD and how we can help you or your loved one overcome invisible wounds.



## Helping Our Warriors Return to the Things They Love

Air Force veteran Rebecca Dickey signed up for the Intensive Outpatient Program with a specific goal in mind. On the day after the program ended, her daughter's school chorus was singing the national anthem at an Atlanta

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Braves game. It would be loud and crowded — the kind of scene she had long avoided because it triggered memories of the tumult in Iraq — but she was determined to be there for this important moment in her family's life. "I was so nervous I wasn't going to get through it," she remembers. "Sitting there in the stands, I kept hearing the doctor's voices in my head: You can do it. You can do it." And she did.

Read Rebecca's story and experience with the Emory Healthcare Veterans Program on page 15 of the Emory University School of Medicine Department of Psychiatry and Behavioral Sciences magazine.



## Streaming to Combat Stigma

Executive Director Dr. Barbara Rothbaum joined Intensive Outpatient Program Graduate Tonya Oxendine and Warrior Care Network<sup>®</sup>'s Dr. Erin Fletcher for a conversation about PTSD treatment and combatting stigma in honor of PTSD Awareness Month.

"I see it as a different form of courage to come forward and say, 'I need help, I need treatment.' It takes bravery. It's being scared and doing it anyway, because you have to be responsible for yourself. You don't have to get out of this on your own, there is help available with the Warrior Care Network<sup>®</sup>," said Dr. Rothbaum during the [Instagram Live](#).

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## By The Numbers

### Intensive Outpatient Program (as of May 2023)

**1,219** Intensive Outpatient Program participants since 2016

**15,319** completed assessments for the IOP since 2016

**760** IOP participants served from top 3 states: Georgia, Florida, and Texas



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## Atlanta Falcons Make Donation to Emory Healthcare Veterans Program

In commemoration of Military Appreciation Month in May, the Atlanta Falcons announced a \$225,101 donation to the Emory Healthcare Veterans Program. The donation is intended to support the health care needs of veterans and service members who have served our country.

“We are proud to help support the Emory Healthcare Veterans Program and their mission to improve the health care needs of our nation’s heroes,” said Greg Beadles, president of the Atlanta Falcons. “Veterans have made enormous sacrifices to protect our freedoms, and it is important that we honor and support them.”



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## Message of Encouragement from Navy Veteran and Actress Jennifer Marshall

Jennifer Marshall is a proud Navy veteran and vocal advocate for the military veteran community.

You may know her as the host of *Mysteries Decoded* on the CW or as Max's mom on Netflix's hit, *Stranger Things*. She recently partnered with us to share a [message of hope](#) to her fellow veterans and service members.



[Learn More](#)

## Announcing a New Partnership with Alabama Department of Veteran Affairs

The Alabama Department of Veterans Affairs (ADVA) has officially partnered with the Emory Healthcare Veterans Program to provide a new, revolutionary resource to post-9/11 veterans and service members in Alabama.

"This is part of our growing number of external partners to provide services for Alabama veterans," said ADVA Commissioner Kent Davis. "We are looking for to working with the Emory Healthcare Veterans Program and

promoting its excellent program to veterans."



Transform Your Life

## Transform Your Life with Evidence-Based Care

The Emory Healthcare Veterans Program treats invisible wounds, such as post-traumatic stress disorder (PTSD), traumatic brain injury (TBI), military sexual trauma (MST), substance use disorder, anxiety, and depression with evidence-based treatment that works. **Treatment is free and confidential for eligible post-9/11 veterans and service members living anywhere in the United States, regardless of discharge status, deployment history, or length of service.** The two-week Intensive Outpatient Program is offered in-person at our clinic or via telehealth in eligible states.

When you're ready to transform your life, we're here to help. Call [888-823-4014](tel:888-823-4014) to speak with a veteran care coordinator today or [fill out this private form](#) and we will contact you.



Heal Invisible Wounds

## Help Us Heal Invisible Wounds

Thanks to our donors' generous gifts, we have made incredible progress in serving the needs of our veterans and service members. Please help us continue to provide innovative, holistic care by [donating to our program](#).

Your gift will help transform, and possibly save, the lives of our nation's heroes.



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Veterans Program

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