



Dr. Dheera Ananthakrishnan is an orthopaedic spine surgeon at Emory who specializes in complex deformity surgery. She is a passionate advocate for women's health and empowerment, as well as for health equity locally and globally. She and Dr. Courtney Gleason are the Co-Founders of the Emory Women's Musculoskeletal Health Initiative. She is also a former collegiate tennis player who continues to play competitively in Atlanta.



Kayla Balcom is a licensed psychologist and sport psychologist in Atlanta, Georgia. She is the head of the Sport Psychology Department at Georgia Tech and runs a small private practice in the Atlanta community providing both mental health services to athletes of all levels and the general public. When she is not working, she is spending her time with her husband, their dog, and their son. An avid proponent of self-care, Kayla can often be found searching for new food places, new outdoor hikes or events, and attending WWE events or comedy shows with her husband.



Karolyne Bell is the Senior Manager of Blaze Sports, overseeing ten adaptive sports programs, serving 300 veterans and 90 youth with disabilities and developing and managing nationally recognized certifications in the adaptive sport profession. She received her Masters of Arts in Recreation Administration from the University of Mississippi and Bachelor's of Science in Therapeutic Recreation.



Amanda (Mandy) Blackmon earned her Doctorate in Physical Therapy from Emory University in 2005. Dr. Blackmon is a board-certified specialist in orthopaedic physical therapy with 18 years of clinical experience treating patients with musculoskeletal conditions. She specializes in treating performing artists and dancers and is the head physical therapist for Atlanta Ballet. Dr. Blackmon is adjunct faculty in the DPT program at Mercer University in Atlanta, GA. Her current research areas of interest include hypermobility, Relative Energy Deficiency in Sport (RED-S), trigger points and dry needling, pelvic floor dysfunction in dancers, and injury surveillance and prevention in dancers and performing artists.



Liz Chesarek is a Doctor of Physical Therapy and a board-certified Sports Clinical Specialist. She received her DPT degree from Chatham University in Pittsburgh, Pennsylvania after receiving a Bachelor of Arts in Dance from Slippery Rock University in Slippery Rock, PA. Currently, Liz works as the Clinical Director for Druid Hills Physical Therapy as well as a PT for Atlanta Dance Medicine (ADM) and assists in therapy services for the Atlanta Ballet. She is a member of the APTA Performing Arts Special Interest Group (PASIG) along with a member of the International Association of Dance Medicine and Science (IADMS).



Kelly Conley is a physical therapist with over 20 years of experience treating patients in the Atlanta area. She is an Orthopedic Certified Specialist and also specializes in treating men and women with pelvic floor and pelvic health issues. Kelly works for Emory Outpatient Rehabilitation in Partnership with Select Physical therapy treating patients in Decatur and managing 9 clinics within the Atlanta area market.



Anna Cottle graduated from the University of Georgia with her Bachelor's in Athletic Training and the University of Miami with her Doctorate in Physical Therapy. She joined Emory at the Dunwoody clinic in 2019 and works as an outreach athletic trainer in the greater Atlanta area. She has been on the planning committee for Emory's Annual Women's Sports and Wellness Conference for the last 4 years.



Dr. Anna Cruz is a physiatrist with training in Physical Medicine and Rehabilitation. She specializes in the non-operative care of general orthopedic conditions and her goal is to help her patients improve their function and quality of life so that they can live life to the fullest.



Dr. Amanda Dempsey is a board certified orthopaedic surgeon with a Certificate of Added Qualification in hand surgery. Dr. Dempsey treats a wide variety of conditions associated with the upper extremities, including acute trauma, reconstruction of traumatic conditions, fracture, amputation, arthritis, nerve compression, arthroscopy, Dupuytren's, as well as vascular conditions of the hand. She graduated from the Medical College of Georgia in 2009 and earned a Bachelor's of Science in microbiology with a minor in German from the University of Georgia. She then completed her orthopaedic training at the University of Kentucky in Lexington, KY and a fellowship in hand and microvascular surgery at the prestigious Christine M. Kleinert Institute for Hand and Microsurgery in Louisville, KY.



Dr. Kate Mihevc Edwards is a running medicine physical therapist and board-certified orthopedic specialist. She is an author, athlete, educator and entrepreneur. Kate is the founder of Precision Performance & Physical Therapy and Fast Bananas, both running companies in Atlanta, GA. Through her companies she works with runners of all ages and backgrounds from everyday athletes, middle school to elite and Olympic level runners.



Dr. Emma Faulkner is a board-certified specialist in orthopaedic physical therapy with 8 years of clinical experience treating patients with musculoskeletal conditions. She specializes in treating performing artists and dancers, and is a head physical therapist for Atlanta Ballet. She owns and operates TriHealth Physical Therapy in Decatur, GA and is a partner in Atlanta Dance Medicine.



Brittany Ferrell has spent 10 years as an athletic trainer in NCAA athletics at Georgia Tech, University of Miami and Ole Miss before transitioning to Emory Orthopedic and Spine as a physician's extender in 2019. In January 2022, she joined the Shepherd Center Complex Concussion Clinic where she is a mid-level provider specializing in sport related concussions. She combines her interests of sports medicine, concussions, athletics and research to help mild traumatic brain injury (mTBI) clients achieve their personal goals. She holds a Bachelor's of Science degree in Athletic Training from Appalachian State University and a Master's of Science in Sports Medicine from Georgia State University.





Sarah Flood is the Assistant Director, Programs, within the Center for the Study of Human Health Department's Health 1,2,3,4 program at Emory University and has worked for the program since 2019. She holds bachelor's degrees in Music and Psychology from the University of North Carolina at Chapel Hill as well as a Master of Science degree in Health Sciences with a Concentration in Nutrition from Georgia State University, where she completed over 1,300 hours of supervised practice in community and clinical settings. She also serves as the Sports Nutrition Educator for the Emory Varsity Swim and Dive team and enjoys providing performance fueling and wellbeing guidance to active members of her community.



Dr. Courtney Gleason is the director of Emory's Female Athlete Program. She is a non-operative sports medicine physician at Emory University. She holds her medical degree from the University of South Carolina and completed three years of an orthopedic surgery residency before moving to Atlanta and completing a pediatric residency at Emory. She did a non-operative sports medicine fellowship at Harvard at Boston Children's Hospital. Before joining the faculty at Emory, she was an attending physician at Brown University in Providence, Rhode Island, and was one of the team physicians for Brown athletics. Currently, she is the head team physician for Agnes Scott College and a team physician for the Atlanta Dream. She also serves as a physician for the Atlanta Ballet.



Dr. Kensa Gunter is a licensed psychologist and a Certified Mental Performance Consultant (CMPC). Through her practice, she provides individual counseling, mental skills training, and consultation services to individual athletes, teams, and organizations. She is committed to humanizing conversations about mental health, enhancing performance, and highlighting the impact of sociocultural factors on health, performance, and wellbeing.



Dr. Markesha Henderson is Executive Director of Sports Strategic Development and Associate Professor of Business at Clark Atlanta University. She serves as the development officer for intercollegiate athletics and facilitates university-wide relationships in the sports industry through the Office of Institutional Advancement. Dr. Henderson's career as a scholar and practitioner spans over 25 years and includes experience at all three divisions of the NCAA. She is a former All-American and National Champion in track and field. Her academic credentials include a bachelor's in journalism and communication arts from University of Wisconsin, master's in sports administration from Georgia State University, and doctorate in higher education administration from The George Washington University.



Dr. Megan Jimenez earned her medical degree from Rowan University School of Osteopathic Medicine in Stratford, NJ after graduating from University of Southern California, Los Angeles, CA. She completed her residency at Rowan University/Inspira Medical Center Orthopaedic Surgery in Vineland, NJ. She joined the Emory Healthcare Southern Orthopedics team in 2020. Dr. Jimenez is a Faculty member of Emory University, active staff member of the West Georgia Health System and the Emory at LaGrange Surgery Center. She specializes in evaluation and treatment of sports-related injuries for athletes of all ages, at all levels, in all sports. Dr. Jimenez has special interest in sports medicine and the young adult hip.



Emily Johnson is a physical therapist living and working in Atlanta. After a decade of work in sports medicine, she is currently with Emory University doing research, quality improvement and physical therapy treatment for patients with bleeding and clotting disorders. A graduate of Duke University Doctor of Physical Therapy Program, she went on to complete a sports residency at USC in Los Angeles and is a Sports Certified Specialist by the ABPTS. She is also certified in functional dry needling and strength and conditioning. She has a special interest in post-operative return to sports for athletes of all levels and ages.



Dr. Frazier Keitt is a full-time medical director and assistant professor of non-operative orthopedic, and internal medicine for Emory at Grady Health System. She is also adjunct assistant professor of Internal Medicine at Morehouse School of Medicine. She serves as team physician for Morehouse College, Atlanta Dream, Overtime Elite Basketball, and area high schools in southwest Atlanta. Her clinical interest includes increasing health literacy and providing equitable healthcare within sports and inpatient medicine.



Abby Keenan is a Mental Performance Coach with Intrepid Performance Consulting, LLC in Dacula, GA who has supported athletes, soldiers, and youth and adult leaders with mental skills coaching for over 12 years. She specializes in working with teenage student-athletes (and their parents) through online, one-on-one mental skills coaching, most often with swimmers and runners. Abby is a Certified Mental Performance Consultant (CMPC) through the Association for Applied Sport Psychology as well as a CMPC Mentor for graduate students in the field.



Stephanie Kirkpatrick is the Program Director for the ReVital Cancer Rehab Program at the Emory OP Rehab Center. She earned her certification in lymphedema in 2002, which led her into the oncology world in 2004, where she has remained since.



Jennifer London is the Clinical Athletic Trainer working with Dr. Courtney Gleason at Emory Sports Medicine. She and Dr. Gleason work together clinically and on several research projects. She earned a Master of Science in Kinesiology degree from Michigan State University where her studies focused on growth and maturation in sport participation and athletic training. Prior to this position she was a high school athletic trainer for 10 years and provided athletic training services in gymnastics.



Page Love is a registered dietician and owner of Nutrifit, Sport Therapy, Inc. A Georgia native, Page received her master's in sports nutrition from Georgia State University. Her approach includes a sport nutrition fueling and intuitive eating approach that has been proven to assist clients with weight management, improve metabolism, and aid in recovery from disordered eating issues. Page is also a certified specialist in sports dietetics with the Academy of Nutrition and Dietetics. Her clients have included the Atlanta Track Club, Atlanta Ballet, Atlanta Braves, the U.S. Tennis Association and many others. She is currently a nutrition consultant for both the WTA and ATP international tennis tours, where she travels for the tour for onsite tournament services.



A graduate of Mercer University's Doctor of Physical Therapy program, Dr. Ann MacDougall specializes in treating dancers and performing artists. She is the clinic director for Atlanta Dance Medicine— a highly specialized performing arts physical therapy and performance clinic and the official providers for the Atlanta Ballet professional company members. Her clinical specialties include trigger point dry needling, myofascial release, return to dance rehabilitation, performance enhancement, and wellness/injury risk reduction.





Dr. Eziamaka Obunadike is a sports medicine physician and Assistant Professor in Emory's Department of Orthopaedics and Department of Rehabilitative Medicine. She received her undergraduate degree from Stanford University and then completed her medical school studies at Duke University School of Medicine. She then completed her residency in Physical Medicine and Rehabilitation at Harvard University and finally her Sports Medicine Fellowship here at Emory. She is the head team physician for the Georgia Tech Women's Basketball Team and also serves as one of the team physicians for the WNBA Atlanta Dream. Her clinical interests include: non-operative sports medicine, women's musculoskeletal health, osteoarthritis, musculoskeletal ultrasound and injections including orthobiologic treatments such as platelet rich plasma injections.



Wendy Oshinski is the Head Athletic Trainer at Agnes Scott College and works as a full-time employee for Premier Sports Medicine. As an Athletic Trainer, she has worked with NCAA Division 1, NCAA Division 3, and NAIA student-athletes. Her clinical interests include concussion and the female athlete.



Dr. Rosa Pasculli is a non-operative Sports Medicine physician at Emory Orthopaedics at Grady Health System. Dr. Pasculli's primary clinical area of interest is performing arts medicine. She serves as a consulting physician for the Atlanta Ballet and the Georgia Ballet, and she is a faculty member of the Female Athlete Program. Her other clinical interests include diagnostic and interventional musculoskeletal ultrasound, sport-related concussions, and she is certified to practice acupuncture as a complementary treatment for acute and chronic musculoskeletal injuries.



Melinda Pasion earned a Bachelor's of Science degree in Physical Therapy from Daemen College, NY in 1996. She is a licensed Physical Therapist with extensive clinical experience, including Site Director, in Orthopedics and Sports Medicine. Melinda joined Emory Physical Therapy in 2005 and currently practices at Emory at Sugarloaf in Duluth. She integrates an evidence-based approach with clinical specialties emphasizing manual therapy, movement and pain assessments, orthopedic spine and sports medicine related prevention, treatment and post-operative protocol. Melinda is certified in Polestar Pilates, Kinetacore Dry Needling, and IASTM. She is McKenzie MDT trained A-E. She is committed to continued education of soft tissue disorders with pursuing full body certification in Active Release Techniques, and certified Pilates Reformer Instructor for conditioning and performance of the dancer.



Dr. Sara Raiser is a non-operative sports medicine physician at Emory University. She completed her Primary Care Sports Fellowship at Stanford University. She is the Associate Medical Director of the Atlanta Track Club Elite Development Team and team physician for the Cross Country and Track & Field Teams at Georgia Tech and Emory University. Her primary interests include running medicine and the female athlete.



Dr. Diya Sandhu is a Physical Medicine and Rehabilitation physician and Assistant Professor of Orthopaedics at Emory University. She received her Bachelor of Arts degree from St. George's University School of Medicine in 2014 and continued her Fellowship at Emory University School of Medicine. Her specialties include Physical Medicine & Rehabilitation, Pain Medicine.



Kacy Seynders is a Physical Therapist and endurance athlete practicing and training in Atlanta, GA. She works at a private concierge physical therapy practice, Precision Performance and Physical Therapy, where she specializes in treating runners and triathletes. She's a graduate of the University of Florida with a Bachelor's of Science in Applied Physiology and Kinesiology and from Emory University with a Doctorate of Physical Therapy.



Val Schonberg MS, RD, CSSD, LD, NCMP is a registered dietitian who specializes in midlife health, sports nutrition, and eating disorders. With a passion for helping people make informed decisions about their health, she is a Certified Menopause Practitioner with the North American Menopause Society and is Board Certified as a Specialist in Sports Dietetics. In addition to providing comprehensive nutrition services at her private practice in Atlanta, Georgia, she also serves as a consulting dietitian for Atlanta Ballet and Emory Sports Medicine and Orthopaedics.



Kate Walker earned her Masters of Physical Therapy in 2003 from the University of Evansville during which time she played on the Purple Aces softball team. She received her Doctorate of Physical Therapy from the University of Montana in 2013. She is a licensed physical therapist with widespread experience including orthopedics, sports medicine, pediatrics, and acute/sub-acute rehabilitation. Kate joined Emory PT in 2016 in the Sugarloaf office and has been Clinic Manager since 2017. She earned the Certified Manual Trigger Point Therapist (CMTPT) dry needling credential in 2015 and has completed McKenzie Parts A-B. Outside of the clinic, Kate likes to spend time laughing with friends and family, being active, and enjoying her newborn son, Joseph.



Kim Winn earned a Bachelor of Science degree in Biology from Winthrop University. She obtained a Master's degree in Sports Science from the United States Sports Academy. From 2002- 2017 Kim worked as an athletic trainer for several local high schools including: Norcross, North Gwinnett, North View and Johns Creek. She became the Supervisor of Emory Sports Medicine Outreach Program in 2016. Recently in 2020 she became the Associate Athletic Director of Sports Medicine of Clark Atlanta University.